

SAPA TOUR

2 DAYS 3 NIGHTS - 1 NIGHT HOMESTAY

(LAO CHAI – TA VAN – GIANG TA CHAI)

❖ *Night 1: Ha Noi – Lao Cai*

7 – 8p.m: pick up you from hotel to go to the train station B, catch the night train for Lao Cai.

Day 1: Sapa – Lao Chai – Ta Van village – 12km (B , L, D)

- 5 - 6.30 a.m: pick up you at Lao Cai station by bus to go to Sapa
- 7 - 8 a.m: Arrive in Sapa. Have Breakfast in hotel
- 9 – 9.30 a.m: Begin trekking from Sapa towards the South East of Sapa alongside Muong Hoa valley to Y Linh Ho and Lao Chai village of the H'Mong minority.
- 12 p.m: Have picnic lunch in the Black H'Mong house, discover their daily life style and enjoy landscape.
- 1p.m: continue your trekking to Ta Van village of Dzay minority people.
- 3 – 3.30 p.m: Check in and have dinner. Over night in the homestay.

❖ *Day 2: Ta Van – Giang Ta Chai village – 6,5km (B , L, D)*

- 8 a.m : breakfast at homestay.
- 9 a.m : take the road to Giang Ta Chai village of the Red Dzao minority via the paths between terraces and through bamboo forests. Visit silver waterfall and suspension Rattan Bridge, visit the people in the village.
- 12 p.m : Break for lunch
- 1 p.m : continue visiting the last village of the trek - Supan village of the H'mong.
- 2.30 p.m : Get back to Sapa by bus. On the way back, enjoy visiting the ancient stone circle where stones are decorated with ancient carvings. Take a shower and have dinner before transfer down to LaoCai Station.
- 5 – 5.30 p.m : Bus pick up to Lao Cai train station for the night train back to Ha Noi.

❖ *Night 3: Lao Cai – Ha Noi*

- 9 p.m: soft sleeper train back to Ha Noi
- 5 a.m: arrive at Tran Quy Cap station (Ha Noi). Tour ends.

