

SAPA TOUR

3 DAYS 4 NIGHTS – HOMESTAY & HOTEL

(LAO CHAI - TA VAN – GIANG TA CHAI – CAT CAT)

❖ *Night 1: Ha Noi – Lao Cai*

7 – 8p.m: Our tour guide pick up you from hotel to go to rail way station B, catch the night train for Lao Cai. You will have a good sleep with the soft sleeper train.

❖ *Day 1: Sapa – Lao Chai – Ta Van villages – 12km (B, L, D)*

- 5 - 6.30 a.m: pick up you at Lao Cai station by bus to go to Sapa
- 7 - 8 a.m: Arrive in Sapa. Have Breakfast in hotel
- 9 – 9.30 a.m: Begin trekking from Sapa towards the South East of Sapa alongside Muong Hoa valley to Y Linh Ho and Lao Chai village of the H'Mong minority.
- 12 p.m: Have picnic lunch in the Black H'Mong house, discover their daily life style and enjoy landscape.
- 1p.m: continue your trekking to Ta Van village of Dzay minority people.
- 3 – 3.30 p.m: Check in and have dinner. Over night in the homestay. You will have chance to experience the real life of Ethnic people.

❖ *Day 2: Ta Van – Giang Ta Chai – Su Pan villages – 6,5km (B, L, D)*

- 8 a.m : breakfast at homestay.
- 9 a.m : take the road to Giang Ta Chai village of the Red Dzao minority via the paths between terraces and through bamboo forests. Visit silver waterfall and suspension Rattan Bridge, visit the people in the village.
- 12 p.m : Break for lunch
- 1 p.m : continue visiting the last village of the trek - Supan village of the H'mong.
- 2.30 p.m : Get back to Sapa by bus. Over night at hotel.

❖ *Day 3: Sapa – Cat Cat village – 4km (B, L, D)*

- 8 a.m : have breakfast in the hotel
- 9 a.m : visit village of the black H'mong (Catcat), walk around visiting people in the village and the hydroelectric power station built by the French in the old days.
- 11.30 a.m : Go back town, have lunch and check out the hotel. Afternoon will be free time for you to explore Sapa ethnic market and town.
- 5 p.m : Take a shower and have dinner in the hotel before take bus to get to Lao Cai

❖ *Night 4: Ha Noi – Lao Cai*

- 9 p.m : soft sleeper train back to Ha Noi
- 5 a.m : arrive at Tran Quy Cap station (Ha Noi). Tour ends.

