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Italiano

64 Count, 2 Wall, Intermediate
Choreographer: Rachael McEnaney-White (USA), Shane
McKeever (IE) & Niels Poulsen (NL) Oct 2016
Choreographed to: Mamma Mia (He's Italiano) by
Elena, ft. Glance

Approx 115 bpm

Count In:

Section 5

Section 6

Notes:	Restart after 48 counts on the 5th wall. You are facing 12.00 to restart.
Section 1	L Side Rock, L Behind, ¼ R, L Fwd, R Touch, Heel Jack, L Ball, R Fwd, ½ Pivot Left.
123&4	Rock L to left side (1), recover weight R (2), cross L behind R (3), make ¼ turn right stepping
	forward R (&), step forward L (4) 3.00
5&6&78	Touch R next to L (5), step back R (&), touch L heel forward (6), step in place on ball of L (&),

16 counts from when the start of the track. Dance begins on vocals.

Section 2	R Dorothy Step, L Dorothy Step, R Fwd Rock, ½ Turn R, ¼ Turn R
12&	Step R to right diagonal (1), cross L behind R (2), step R to right diagonal (&), 9.00
3 4 &	Step L to left diagonal (3), cross R behind L (4), step L to left diagonal (&) 9.00
5678	Rock forward R (5), recover weight L (6), make ½ turn right stepping forward R (7),
	make ¼ turn right stepping L to left side (8) 6.00

step forward R (7), pivot ½ turn left (8) 9.00

Section 3 1 2 3 & 4	R Behind, L Side, R Crossing Shuffle, 4 Swivels L-R-L ¼ Turn R Cross R behind L (1), step L to left side (2), cross R over L (3), step L to left side (&), cross R over L (4) 6.00
5 6	Swivel both heels right as you step L to left side (5), swivel both heels left as you step R to right side (6) 6.00
7 8	Swivel both heels right as you step L to left side (7) , swivel both heels left as you make a $\frac{1}{4}$ turn right stepping forward on R (8) 9.00

Section 4 1 2 3 4 5	L Fwd, R Kick, R Back, ¼ Turn R Looking Back, ¼ Turn L, R Kick-Ball-Cross, R Side Step forward L (1), kick R foot forward (2), step back R (3) 9.00 Make ¼ turn right as you bend both knees slightly and look back over right shoulder (weight R)(4), make ¼ turn left as you recover weight L (5)
6 & 7 8	Option: take R hand to forehead as if 'looking' for something when you do count 4 (this simply hits the lyric "look" during the chorus) 9.00 Kick R to right diagonal (6), step in place on ball of R (&), cross L over R (7), step R to right side (8) 9.00

	Shuffle (Begins Count 41)
1&2 3 &4	Cross L behind R (1), step R next to L (&), step L to left side (2), hold (3), step R next to L (&),
	sten I to left side (4)

L Sailor, Hold With 'shake', R Ball, L Side, R Points Fwd-Side, R Sailor Into R Side

R Side (end Of R Shuffle), L Points Fwd-Side, L Sailor 1/4 Turn L, 1/2 Turn L Doing

Option: on count 2 & 3 shimmy shoulders (think that the R shoulder goes forward (2), back (&), forward (3)) 9.00

56	Point R toe across L (5), point R to right side (6), 9.00
7 & 8 &	Cross R behind L (7), step L next to R (&), step R to right side (8), step L next to R (&) 9.00

	3 Chugs/Touches With R	
123	Step R to right side (1), point L toe across R (2), point L to left side (3) 9.00	
4 & 5	Cross L behind R (4), step R next to left (&), make 1/4 turn left stepping forward L (5) 6.00	
6 7	Make 1/8 turn left pushing R to right side (like a touch but stronger) (6), make 1/4 turn left	
	pushing R to right side (7), 1.30	
8	Make 1/8 turn left pushing R to right to right side (8) (you are now facing 12.00 the R foot	
	l' (10.00) (0) (' 11. D) 40.00	

Restart: Wall 5 begins facing 12.00, during the 5th wall you will restart the dance here (rap section of music). Restart is facing 12.00

pushing toward 3.00) (8) (weight ends R) 12.00

Section 7	L Side Rock, L Behind-Side-Cross, R Side Rock, R Behind, ¼ L, R Fwd
123&4	Rock L to left side (1), recover weight R (2), cross L behind R (3), step R to right side (&), cross L over R (4) 12.00
567&8	Rock R to right side (5), recover weight L (6), cross R behind L (7), make $\frac{1}{4}$ turn left stepping forward L (&), step forward R (8) 9.00
Section 8	Syncopated Fwd Rocks L&R, ¼ Turn L Doing L Jazz Box (R Cross At End)
Section 8 1 2 & 3 4	Syncopated Fwd Rocks L&R, ¼ Turn L Doing L Jazz Box (R Cross At End) Rock forward L (1), recover weight R (2), step ball of L next to R (&), rock forward R (3), recover weight L (4) 9.00

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