

THEPage



Approved by:



## And Get It On

4 WALL – 32 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Side, Together, 1/8 Step, Cha Cha Forward, Syncopated Half Diamond		
1 – 3	Step left to side. Step right beside left. Turn 1/8 right stepping left forward. (1:30)	Side Together Step	Angling right
4 & 5	Step right forward. Lock left behind right. Step right forward. (1:30)	Right Lock Right	Forward
6 & 7	Step left forward. Turn 1/8 left stepping right to side. Turn 1/8 left stepping left back.	Step Turn Turn	Turning left
8 &	Step right back. Turn 1/8 left stepping left to side. (9:00)	Back Turn	
1	Turn 1/8 left stepping right forward. (7:30)	Turn	
Section 2	Step Forward, 1/2 Turn, Cha Cha Back, Back Rock, Cha Cha Forward		
2 – 3	Step left forward. Turn 1/2 left stepping right back. (1:30)	Step Half	Turning left
4 & 5	Step left back. Lock right acoss left. Step left back. (1:30)	Back Lock Back	Back
6 – 7	Rock back on right. Recover onto left.	Rock Back	On the spot
8 & 1	Step right forward. Lock left behind right. Step right forward.	Right Lock Right	Forward
Section 3	Hold, Extended Cha Cha Forward, Ball Lock, Unwind 7/8 Turn, Side, Touch, Hold		
2 & 3	Hold. Lock left behind right. Step right forward.	Hold Lock Right	Forward
& 4	Lock left behind right. Step right forward. (1:30)	Lock Right	
& 5 – 6	Step left forward. Lock right behind left. Unwind 7/8 right (weight ends left). (12:00)	Ball Lock Unwind	Turning right
& 7 – 8	Step right to side. Touch left to left side. Hold.	Side Touch Hold	On the spot
Section 4	1/4 Turn, Step, Spiral , Step, 1/4 Turn, 1/8 Turn, Together, Hold, Heel Bounce 1/8		
1 – 2	Turn 1/4 left stepping left forward and flicking right back. Step right forward. (9:00)	Quarter Step	Turning left
3	Full spiral turn left (weight ends right).	Spiral	
4 &	Step left forward. Turn 1/4 left stepping right to side.	Step Quarter	Turning left
5	Turn 1/8 left stepping left beside right. (4:30)	Turn	
6 – 7 & 8	Hold. Bounce heels 3 times making 1/8 turn left. (3:00)	Hold Bounce Turn	

Choreographed by: Daniel Trepat and Jose Miguel Belloque Vane (NL) March 2015

Choreographed to: 'Marvin Gaye' by Charlie Puth feat Meghan Trainor from CD Single; download available from amazon.co.uk or amazon.com (32 count intro from first beat, approx 25 secs into track)

