BLASTFROM



THE Past



alan 4. Birthe Wave On Wave

2 WALL - 32 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	Direction
Section 1	Forward Mambo, Back Mambo, Rock & Cross, 3/4 Turn Right		
1 & 2	Rock forward on right. Rock back on left. Step right back.	Forward Mambo	On the spot
3 & 4	Rock back on left. Rock forward on right. Step left forward.	Back Mambo	
5 & 6	Rock right to right side. Recover onto left. Cross right over left.	Rock & Cross	Left
7	Make 1 /4 tum right stepping left back.	Tum	Tuming right
8	Make 1 /2 tum right stepping right forvard.	Tum	
Section 2	Step, Touch, Back Lock Step, Shuffle 1/2 Turn, Step, Pivot 1/2		
1 - 2	Step left forward. Touch right behind left	Step Touch	Forward
3 & 4	Step right back. Lock left across right. Step right back	Back Lock Back	Back
5 & 6	Shuffle step 1 /2 tum left, stepping - left, right, left.	Shuffle Half	Tuming left
7 - 8	Step right forward. Pivot 1/2 tum left.	Step Pivot	
Section 3	Side Rock, Cross Shuffle, Side Rock, Cross Shuffle		
1 - 2	Rock right to right side. Recover onto left	RightRock	On the spot
3 & 4	Cross right over left. Step left to left side. Cross right over left	Cross Shuffle	Left
5 - 6	Rock left to left side. Recover onto right.	Left Rock	On the spot
7 & 8	Cross left over right. Step right to right side. Cross left over right.	Cross Shuffle	Right
Section 4	Side, Behind, Side, 1/4 Turn, Pivot 1/2, Back, Touch, Forward Lock Step		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
& 3	Step right to right side. Make 1 /4 turn right stepping left forward.	& Tum	Tuming right
4	Pivot 1/2 tum right, keeping weight back on left	Pivot	
5 - 6	Step right back. Touch left over right	Back Touch	Back
7 & 8	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward

Choreographed by: Alan Birchall (UK) June 2003

Choreographed to: 'Wave On Wave' by Pat Green (115 bpm) from CD Wave On Wave,

also available as download from amazon co.uk or iTunes (32 count intro)

Music Suggestion: 'Loving You Makes Me A Better Man' (110 bpm) by Hal Ketchum from CD Lucky Man



A video clip of this dance is available at www.linedancermagazine.com