

All Day Long



	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1	Right Strut, Left Strut, Kick, Out, Out, Hold.		
	1 - 2	Step right toe forward. Drop right heel taking weight.	Right Strut	Forward
	3 - 4 5 - 8	Step left toe forward. Drop left heel taking weight. Kick right forward. Step right to right side. Step left to left side. Hold.	Left Strut Kick Out Out Hold	On the spot
	Section 2	Behind, Side, Scuff, Step, Sailor Step, Hold.		
	1 - 2	Cross right behind left. Step left to left side.	Behind Side	Left
	3 - 4	Scuff right forward. Step right to right side.	Scuff Step	Right
	5 - 8	Cross left behind right. Step right to right side. Step left in place. Hold.	Sailor Step Hold	On the spot
	Tag:-	Danced at this point during 3rd Wall only, then restart from beginning.		
	1 - 4	Step right forward. Hold. Pivot 1/2 turn left. Hold.	Step Hold Turn Hold	Turning left
	Section 3	Behind, Side, Cross, Hold, Left Scissor Step, Hold.		
	1 - 2	Cross right behind left. Step left to left side.	Behind Side	Left
	3 - 4	Cross right over left. Hold.	Cross Hold	
	5 - 6	Step left to left side. Step right beside left.	Side Together	On the spot
	7 - 8	Cross left over right. Hold.	Cross Hold	Right
	Section 4	Right Vine, Side, Hold, Back Rock.		
	1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
	3 - 4	Step right to right side. Cross left over right.	Side Cross	
	5 - 6	Step right to right side. Hold.	Side Hold	
-	7 - 8	Rock left back behind right. Recover onto right.	Back Rock	On the spot
	Section 5	Rumba Box.		
	1 - 2	Step left to left side. Step right beside left.	Side Close	Left
	3 - 4	Step left forward. Hold.	Step Hold	Forward
	5 - 6	Step right to right side. Step left beside right.	Side Close	Right
	7 - 8	Step back on right. Hold.	Back Hold	Back
	Section 6	Back Lock Step, Kick, Coaster Cross, Side.		
	1 - 4	Step left back. Lock right across left. Step left back. Kick right forward.	Back Lock Step Kick	Back
	5 - 6	Step right back. Step left beside right.	Coaster	
	7 - 8	Cross right over left. Step left to left side.	Cross Side	Left
	Section 7	Back Rock, Side, Hold, Coaster Step, Hold.		
	1 - 2	Rock right back behind left. Recover onto left.	Back Rock	On the spot
	3 - 4	Step right to right side. Hold.	Side Hold	Right
	5 - 8	Step left back. Step right beside left. Step left forward. Hold.	Coaster Step Hold	On the spot
	Section 8	Rock Forward, Rock Back, Step Forward, Hold, Pivot 1/2 Turn, Hold.		
	1 - 2	Rock right forward. Recover onto left.	Forward Rock	On the spot
	3 - 4	Rock right back. Recover onto left.	Back Rock	
	5 - 8	Step right forward. Hold. Pivot 1/2 turn left. Hold.	Step Hold Turn Hold	Turning left

2 Wall Line Dance:- 64 Counts. Intermediate.

Choreographed by:- Gary Lafferty (UK) August 2004.

Choreographed to:- 'Mr Mom' (172 bpm) by Lonestar from 'Let's Be Us Again' CD, 48 count intro - start on main vocals.

Music Suggestion:- 'Driving Home For Christmas' by Chris Rea from 'The Very Best Of Chris Rea' CD, also on various Christmas Compilations.