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Mind Over Matter

64 Count, 2 Wall, Intermediate Choreographer: Simon Ward (AU) & Niels Poulsen (DK)

May 2015

Choreographed to: Coming Back by Dean Ray.

Album: Coming Back

Intro: Dance starts 16 counts into track. Ending: On count 34 turning to front wal	Intro: Da	ance starts	16 counts	into track.	Ending: (On count 34	4 turnino	i to front wal
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1-8 1-2 3&4	Full turn R, Chasse R,L,R, Cross L, Step R, L sailor step turning ½ L Step right to right side turning ¼ turn right 3.00, Turn a further ½ turn right stepping left back 9.00 Turn a further ¼ turn right stepping right to right side 12.00, Step left beside right, Step right to right side (chasse)
5-6 7&8	Cross/step left over right, Step right to right side 12.00 Step left behind right, Step right in place turning ½ turn left 9.00, Cross/step left over right turning ¼ turn left 6.00 (sailor step)
9-16 1-2	Step R, Hold, L together, Step R, Jazz box turning 1/8 L, Step R fwd, Pivot ½ turn L
83-4	Step right to right side, Hold 6.00 Step left beside right, Step right to right side, Cross/step left over right 6.00
5-6	Step right back, Step left forward turning 1/8 turn left 4.30
7-8	Step right forward, Pivot ½ turn left taking weight onto left 10.30
17-24	Large step R fwd, Drag L, L together, Step fwd R,L, Rock/step R fwd, Recover L, Shuffle back R,L,R
1-2	Large step forward on right, Drag left towards right 10.30
&3-4	Step left beside right, Step right slightly forward, Step left forward 10.30
5-6	Rock/step right forward, Recover weight back on left 10.30
7&8	Step right back, Cross/step left over right, Step right back 10.30 (turn body slightly right for styling)
25-32	Rock L back, Recover R, Shuffle fwd L,R,L, Step R fwd, Pivot 7/8 turn L, Point R toe, R together, Point L toe, L together
1-2	Rock/step left back, Recover weight onto right 10.30
3&4	Step left forward, Step right beside left, Step left forward 10.30
5-6	Step right forward, Pivot 7/8 turn left taking weight onto left 12.00
7&8&	Point right toe to right side, Step right beside left, Point left toe to left side, Step left beside right 12.00
33-40	Large step R to R, Drag L, Step L together, ¼ R shuffle fwd R,L,R, Step L fwd, Pivot ¼ R, L vaudeville step
1-2&	Large step right to right, Drag left towards right, Step left beside right 12.00
3&4 ** RES 3	Turn ¼ turn right & step right forward 3.00, Step left beside right, Step right forward FART ON 5TH WALL (see notes for step change, facing front)**
5-6	Step left forward, Pivot ¼ turn right taking weight onto right 6.00
7&8	Cross/step left over right, Step right to right side, Touch left heel to diagonal 6.00
41-48	Step L together, Cross/rock R, Recover L, $\frac{1}{4}$ R shuffle fwd R,L,R, Rock L fwd, Recover R, L back turning $\frac{1}{4}$ L, Point R
&1-2	Step left beside right, Cross/rock right over left, Recover weight onto left 6.00
3&4	Turn ½ turn right & step right forward 9.00, Step left beside right, Step right forward
5-6	Rock/step left forward, Recover weight onto R 9.00
7-8 **RES]	Step left back turning ¼ turn left 6.00, Point right toe to right side FART ON 3RD WALL (Facing back wall)**
49-56	1/4 turn R, Sweep L, Cross chasse, 1/4 turn L, 1/2 turn L, Step R fwd, Pivot 1/2 turn L
1-2	Step right in place turning ¼ turn right 9.00, Sweep left foot forward and across right
3&4	Cross/step left over right, Step right to right side, Cross/step left over right 9.00
5-6	Step right to right turning 1/4 turn left 6.00, Step left back turning 1/2 turn left 12.00

Step right forward, Pivot ½ turn left taking weight onto left 6.00

7-8

57-64	2 x wizard step	s, Step R fwd	Pivot ½ L, Step R fwd, Pivot ½ L with t	twist to left
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- 1-2& Step right forward at right diagonal, Lock/step left behind right, Step right beside left 6.00
- 3-4& Step left forward at left diagonal, Lock/step right behind left, Step left beside right 6.00
- 5-6 Step right forward, Pivot ½ turn left taking weight onto left 12.00
- 7-8 Step right forward, Pivot ½ turn left bending knees slightly with body twist to left taking weight on left 6. (on count 8 twist on balls of feet to left, legs will be slightly crossed, unwind to right to start dance again)

TAG: At the end of Wall 2 you will do the following 8 counts (facing front wall)

- 1-8 Rolling vine R, Point L, Rolling vine L, Hold with claps
- 1-2 Step right to right side turning ¼ turn right, Turn a further ½ turn right stepping left back
- 3-4 Turn a further ¼ turn right stepping right to right side, Point left toe to left side
- 5-6 Step left to left side turning ¼ turn left, Turn a further ½ turn left stepping right back
- 7&8 Turn a further 1/4 turn left stepping left to left side, Hold and clap hand twice

TAG: 8 Count Tag end of wall 2

Restarts on Wall 3 after count 48 & Wall 5 after count 36

On Wall 5 Restart, Drag left for an additional 3 counts (34,35,36) hitting break in the music, step L beside on (&) count to Restart.